



MONTESSORI CHARTER SCHOOL Inspiring a Love of Learning September Lunch Menu 2023

Monday	Tuesday	y Wednes	day Thursc	lay Friday
				1 No School
4 No School	5 Chicken & Cheese Taquitos Baked Beans Cucumber / Fruit	6 Chicken Nuggets Mashed Potatoes Celery w/ Peanut Butter Fruit	7 PBJ Uncrustable String Cheese Goldfish Cracker Carrots / Fruit	8 Domino's Pizza Salad w/ Dressing Fruit
11 Mini Waffles Sausage Carrots Fruit	12 Walking Taco Baked Beans Broccoli Fruit	13 Hot Dog Corn Cucumber Fruit	14 Turkey Sandwich Celery w/ Peanut Butter Fruit	15 Domino's Pizza Salad w/ Dressing Fruit
18 French Toast Sausage Broccoli Fruit	19 Chicken & Cheese Taquitos Baked Beans Cucumber Fruit	20 Mac & Cheese Goldfish Celery Fruit	21 Cheeseburger Corn Carrots Fruit	22 Domino's Pizza Salad w/ Dressing Fruit
25 Mini Waffles Sausage Carrots Fruit	26 Walking Taco Baked Beans Broccoli Fruit	27 Hot Dog Corn Cucumber Fruit	28 Turkey Sandwich Chips Celery w/ Peanut Butter Fruit	29 Domino's Pizza Salad w/ Dressing Fruit

From October 1st, 2022~ Breakfast \$0.00~ Reduced\$0.00 From August 4th, 2023 ~ Lunch \$4.60 ~ Reduced \$0.00

All Lunches come with a choice of white and occasionally chocolate milk. A La Carte Milk/ Juice \$0.55 each ~https://www.schoolcafe.com/GettysburgMontessori No A La Carte is Available for this month. Due to the shortage of products, the Menu is subject to change without notice.





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September Breakfast Menu 2023

ONE OF THESE CHOICES WILL BE AVAILABLE DAILY

Cereals Cheerios - Rice Crispies - Rice Chex

Muffins(reduced fat)

Banana - Blueberry -Chocolate Chip Every Breakfast comes with Fruit & Milk

Milk Choice: 2% fat White and occasionally 1% fat Chocolate

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School menu ingredients and brands can be modified or added based on the month's menu.

McCleafs Farm Biglerville (Fresh Apples, Peaches, Bartlett Pears, Asian Pears)
Domino's Pizza
Hot Dog (Kunzler Grill Franks)
Hamburger(Rochester) All beef ground chuck
Rolls for Dogs and Sandwiches (Stroehmann)
Baked Beans (Bush's Original)(Hanover)
Applesauce (Members Mark & Zee Zee)
Turkey (Oscar Meyer)

Garden Veggie Straws

Nacho Cheese (Members Mark)

Nacho Chips (Ole Tri-Color or Members Mark)

Chili soup (Hanover kidney Beans, Hunts Tomato Paste, Hunts Tomato Sauce, Hunt's Diced Tomatoes, Green Peppers, Onions, Chili Powder, Cumin, Beef Broth, Ground Beef & Ground Turkey, Bay Leaves

Chicken noodle soup (Sam's Club Organic Bone Broth, Celery, Carrots, Parsley, Chicken White, and Dark Meat, Extra-Wide Egg Noodles

Macaroni & Cheese (Butter, Flour, 2% White Milk, Velveeta Cheese, Whole Grain Elbow Macaroni)

Goldfish Crackers (Pepperidge Farms Whole Grain)

PBJ Uncrustable (Welch's or Smuckers)

Mandarin Oranges (Members Mark)

Peaches (Members Mark, Fresh Peaches McCleaf's Farm)

Ham & Cheese (Members Mark Ham, Glenview Farms White American)

Meatball sub (Tia Maria Marinara Sauce, Members Mark Turkey or Beef Meatballs, Shredded Provolone Members Mark)

Walking Taco (Ground Beef & Turkey, Fritos, Lettuce, Chi-Chi Salsa, Shredded Monterey Jack Cheddar Cheese Members Mark, Low Sodium Taco Seasoning Elpaso)

Quesadilla(Coyote Grill)(Integreted Food Services)

String Cheese (Frigo)

Hard-Boiled Eggs (Glenview Farms)

Rice Chex Cereal (General Mills)

Cheerios (General Mills)

Rice Krispie Cereal (kelloggs)

Corn & Green Beans (Del Monte)