






# August Lunch Menu 2023



Monday	Tuesday	Wednesday	Thursday	Friday
	1 	2 	3 	4 
7	8	9	10	11
14	15	16	17	18
21	22 Chicken Taquitos w/ Salsa Baked Beans Cucumber Fruit	23 Mac & Cheese Goldfish Celery Fruit	24 Cheeseburger Corn Carrots Fruit	25 Domino's Pizza Salad Fruit
28 Mini Waffles w/ Sausage Carrots Fruit	29 Walking Taco Baked Beans Carrots Fruit	30 Hot Dog Corn Broccoli Fruit	31 Domino's Pizza Salad Fruit	

**From October 1st, 2022~ Breakfast \$0.00~ Reduced \$0.00**  
**From August 4th, 2023 ~ Lunch \$4.60 ~ Reduced \$0.00**

All Lunches come with a choice of white and occasionally chocolate milk.

**A La Carte Milk/ Juice \$0.55 each -<https://www.schoolcafe.com/GettysburgMontessori>**

**No A La Carte is Available for this month.**

Due to the shortage of products, the Menu is subject to change without notice.



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## **August Breakfast Menu 2023**

**ONE OF THESE CHOICES WILL BE AVAILABLE DAILY**

### **Cereals**

Cheerios - Rice Crispies - Rice Chex

### **Muffins(reduced fat)**

Banana - Blueberry -Chocolate Chip

Every Breakfast comes with Fruit & Milk

Milk Choice: 2% fat White and occasionally 1% fat Chocolate

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## **School Menu Ingredients**

**Brand Ingredients are modified or added following the Month's Menu if there are any Changes.**

**McCleafs Farm Biglerville** ( Fresh Apples, Peaches, Bartlett Pears, Asian Pears)

**Domino's Pizza**

**Hot Dog** (Kunzler Grill Franks)

**Hamburger**( Rochester) All beef ground chuck

**Rolls for Dogs and Sandwiches** (Stroehmann)

**Baked Beans** (Bush's Original)( Hanover)

**Applesauce** ( Members Mark & Zee Zee)

**Turkey** (Oscar Meyer)

**Garden Veggie Straws**

**Nacho Cheese** (Members Mark)

**Nacho Chips** ( Ole Tri-Color or Members Mark)

**Chili soup** ( Hanover kidney Beans, Hunts Tomato Paste, Hunts Tomato Sauce, Hunt's Diced Tomatoes, Green Peppers, Onions, Chili Powder, Cumin, Beef Broth, Ground Beef & Ground Turkey, Bay Leaves

**Chicken noodle soup** ( Sam's Club Organic Bone Broth, Celery, Carrots, Parsley, Chicken White, and Dark Meat, Extra-Wide Egg Noodles

**Macaroni & Cheese** ( Butter, Flour, 2% White Milk, Velveeta Cheese, Whole Grain Elbow Macaroni)

**Goldfish Crackers** (Pepperidge Farms Whole Grain)

**PBJ Uncrustable** (Welch's or Smuckers)

**Mandarin Oranges** (Members Mark)

**Peaches** ( Members Mark, Fresh Peaches McCleaf's Farm)

**Ham & Cheese** (Members Mark Ham, Glenview Farms White American)

**Meatball sub** (Tia Maria Marinara Sauce, Members Mark Turkey or Beef Meatballs, Shredded Provolone Members Mark)

**Walking Taco** ( Ground Beef & Turkey, Fritos, Lettuce, Chi-Chi Salsa, Shredded Monterey Jack Cheddar Cheese Members Mark, Low Sodium Taco Seasoning Elpaso)

**Quesadilla**( Coyote Grill)(Integreted Food Services)

**String Cheese** (Frigo)

**Hard-Boiled Eggs** (Glenview Farms)

**Rice Chex Cereal** (General Mills)

**Cheerios** (General Mills)

**Rice Krispie Cereal** (kelloggs)

**Corn & Green Beans** ( Del Monte)