



### March Lunch Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
***		1 Baked Ziti; Lima Beans; Broccoli; Fruit.	2 Pizza; Side Salad with Dressing; Fruit.	3 Early Dismissal PBJ Uncrustable; Gold Fish Crackers; Carrots/Celery; Fruit.
6 Mini Waffles; Sausage Pattie; Carrots; Fruit.	7 Walking Taco; Black Beans; Broccoli; Fruit;	8 Hot Dog; Corn; Cucumber; Fruit.	9 Turkey sandwich; Carrots; Fruit.	10 Pizza; Side Salad with Dressing; Fruit.
13 Mini French Toast; Sausage Pattie; Carrots; Fruit.	14 Taco Salad; Black Beans; Broccoli;Fruit.	15 Chicken Pattie; Mashed Potatoes; Fruit.	16 Pizza; Side Salad with Dressing; Fruit.	17 Early Dismissal PBJ Uncrustable; Gold Fish Crackers; Carrots/Celery; Fruit.
20 Mini Waffles; Sausage Pattie; Carrots; Fruit.	21 Chicken Nuggets; Baked Beans;Fruit.	22 Sloppy Joe; French Frie; Fruit.	23 Hot Dog ;Celery; Fruit.	24 Pizza; Side Salad with Dressing; Fruit.
27 French Toast Sticks; Sausage Patie; Carrots; Fruit.	28 Cheese Quesadilla; Black Beans; Fruit.	29 Cheeeburger; Corn; Fruit.	30 Turkey Hoagie; Carrots; Fruit.	31Pizza; Side Salad with Dressing; Fruit.

From October 1st~ Breakfast \$0.00~ Reduced\$0.00 Lunch \$4.60~ Reduced\$0.40

All Lunches come with a choice of white and occasionally chocolate milk.

A La Carte Milk/ Juice \$0.55 each ~https://www.schoolcafe.com/GettysburgMontessori

No A La Carte Availible for March.

Due to the shortage of products, the Menu is subject to change without notice.



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#### March Breakfast Menu 2023

## ONE OF THESE CHOICES WILL BE AVAILABLE DAILY Cereals

Cheerios - Rice Crispies - Rice Chex

Muffins(reduced fat)

Banana - Blueberry -Chocolate Chip

Every Breakfast comes with Fruit & Milk

Milk Choice: 2% fat White and occasionally 1% fat Chocolate

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A La Carte Milk/ Juice \$0.55

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No A La Carte Available for March.



# School Menu Ingredients Brand Ingredients are added following the Month's Menu.

McCleafs Farm Biglerville (Fresh Apples, Peaches, Bartlett Pears, Asian Pears)

Jerry & Sals's Pizza

**Hot Dog** (Kunzler Grill Franks)

Hamburger( Rochester) All beef ground chuck

Rolls for Dogs and Sandwiches (Stroehmann)

**Baked Beans** (Bush's Original)( Hanover)

**Applesauce** ( Members Mark & Zee Zee)

**Turkey** (Oscar Meyer)

**Garden Veggie** Straws

Nacho Cheese (Members Mark)

Nacho Chips (Ole Tri-Color or Members Mark)

**Chili soup** ( Hanover kidney Beans, Hunts Tomato Paste, Hunts Tomato Sauce, Hunt's Diced Tomatoes, Green Peppers, Onions, Chili Powder, Cumin, Beef Broth, Ground Beef & Ground Turkey, Bay Leaves

**Chicken noodle soup** (Sam's Club Organic Bone Broth, Celery, Carrots, Parsley, Chicken White, and Dark Meat, Extra-Wide Egg Noodles

Macaroni & Cheese (Butter, Flour, 2% White Milk, Velveeta Cheese, Whole Grain Elbow Macaroni)

**Goldfish Crackers** (Pepperidge Farms Whole Grain)

**PBJ Uncrustable** (Welch's or Smuckers)

**Mandarin Oranges** (Members Mark)

Peaches (Members Mark, Fresh Peaches McCleaf's Farm)

Ham & Cheese (Members Mark Ham, Glenview Farms White American)

**Meatball sub** (Tia Maria Marinara Sauce, Members Mark Turkey or Beef Meatballs, Shredded Provolone Members Mark)

**Walking Taco** ( Ground Beef & Turkey, Fritos, Lettuce, Chi-Chi Salsa, Shredded Monterey Jack Cheddar Cheese Members Mark, Low Sodium Taco Seasoning Elpaso)

**Quesadilla**(Coyote Grill)(Integreted Food Services)

**String Cheese** (Frigo)

**Hard-Boiled Eggs** (Glenview Farms)

Rice Chex Cereal (General Mills)

**Cheerios** (General Mills)

Rice Krispie Cereal (kelloggs)

Corn & Green Beans ( Del Monte)