




January Lunch Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> 	<p>3</p> <p>Chicken Cheese Taquitos; Black Beans; Fruit.</p>	<p>4</p> <p>Baked Ziti; CeleryW/Ranch; Fruit.</p>	<p>5</p> <p>Chicken Nuggets; Mashed Potatoes; Carrots; Fruit.</p>	<p>6</p> <p>Domino's Cheese Pizza Tossed Salad with Ranch; Fruit.</p>
<p>9</p> <p>Waffle Bites Sausage Pattie Carrots w/ Ranch; Fruit.</p>	<p>10</p> <p>Walking Taco; Black Beans; Fruit.</p>	<p>11</p> <p>Meatball Sub; Tater Tots; Fruit.</p>	<p>12</p> <p>Hot Dog; Celery; Fruit.</p>	<p>13</p> <p>Domino's Cheese Pizza Tossed Salad with Ranch; Fruit.</p>
<p>16</p> <p>No School</p>	<p>17</p> <p>Chili Soup; Cheese Stick; Goldfish; Fruit.</p>	<p>18</p> <p>Chicken Nuggets; Corn; Cucumber; Fruit.</p>	<p>19</p> <p>Turkey Sandwich; Carrots;Fruit.</p>	<p>20</p> <p>Domino's Cheese Pizza Tossed Salad with Ranch; Fruit.</p>
<p>23</p> <p>French Toast Bites; Sausage Pattie;Carrots ;Fruit.</p>	<p>24</p> <p>Cheesec Quesadilla ; Black Beans;Broccoli; Fruit.</p>	<p>25</p> <p>Cheeseburger; Corn Cucumber; Fruit.</p>	<p>26</p> <p>Hot Dog; Carrots; Fruit.</p>	<p>27</p> <p>Domino's Cheese Pizza Tossed Salad with Ranch; Fruit.</p>
<p>30</p> <p>Waffle Bites Sausage Pattie Carrots w/ Ranch; Fruit.</p>	<p>31</p> <p>Walking Taco; Black Beans; Fruit;</p>			

From October 1st~ Breakfast \$0.00~ Reduced\$0.00 Lunch \$4.60 ~ Reduced\$0.40

All Lunches come with a choice of white and occasionally chocolate milk.

A La Carte Milk/ Juice \$0.55 each ~<https://www.schoolcafe.com/GettysburgMontessori>

No A La Carte Available for January.

Due to the shortage of products, the Menu is subject to change without notice.



Due to the shortage of products, the Menu is subject to change without notice.



January Breakfast Menu 2023



ONE CEREAL AND ONE MUFFIN CHOICE WILL BE AVAILABLE DAILY

Cereals

Cheerios - Rice Crispies - Rice Chex

Muffins(**reduced fat**)

Banana - Blueberry -Chocolate Chip

Every Breakfast comes with Fruit & Milk

Milk Choice: 2% fat White and occasionally 1% fat Chocolate

From October 1st~ Breakfast \$0.00~ Reduced\$0.00 Lunch \$4.60 Reduced\$0.40

A La Carte Milk/ Juice \$0.55

<https://www.schoolcafe.com/GettysburgMontessori>

No A La Carte Available for January.



School Menu Ingredients Brand

Ingredients are added following the Month's Menu.

McCleafs Farm Biglerville (Fresh Apples, Peaches, Bartlett Pears, Asian Pears)

Dominos Pizza (Domino's Pizza)

Hot Dog (Kunzler Grill Franks)

Hamburger(Rochester) All beef ground chuck

Rolls for Dogs and Sandwiches (Stroehmann)

Baked Beans (Bush's Original)(Hanover)

Applesauce (Members Mark & Zee Zee)

Turkey (Oscar Meyer)

Garden Veggie Straws

Nacho Cheese (Members Mark)

Nacho Chips (Ole Tri-Color or Members Mark)

Chili soup (Hanover kidney Beans, Hunts Tomato Paste, Hunts Tomato Sauce, Hunt's Diced Tomatoes, Green Peppers, Onions, Chili Powder, Cumin, Beef Broth, Ground Beef & Ground Turkey, Bay Leaves

Chicken noodle soup (Sam's Club Organic Bone Broth, Celery, Carrots, Parsley, Chicken White, and Dark Meat, Extra-Wide Egg Noodles

Macaroni & Cheese (Butter, Flour, 2% White Milk, Velveeta Cheese, Whole Grain Elbow Macaroni)

Goldfish Crackers (Pepperidge Farms Whole Grain)

PBJ Uncrustable (Welch's or Smuckers)

Mandarin Oranges (Members Mark)

Peaches (Members Mark, Fresh Peaches McCleaf's Farm)

Ham & Cheese (Members Mark Ham, Glenview Farms White American)

Meatball sub (Tia Maria Marinara Sauce, Members Mark Turkey or Beef Meatballs, Shredded Provolone Members Mark)

Walking Taco (Ground Beef & Turkey, Fritos, Lettuce, Chi-Chi Salsa, Shredded Monterey Jack Cheddar Cheese Members Mark, Low Sodium Taco Seasoning Elpaso)

Quesadilla(Coyote Grill)(Integreted Food Services)

String Cheese (Frigo)

Hard-Boiled Eggs (Glenview Farms)

Rice Chex Cereal (General Mills)

Cheerios (General Mills)

Rice Krispie Cereal (kelloggs)

Corn & Green Beans (Del Monte)