

# February

2021



Lunch Includes: 1 FRESH VEGETABLE, 1 FRUIT & 1 MILK CHOICE (WHITE, CHOCOLATE)

All Students are Allowed to have Free Meals Daily for the School Year 2020-2021

## GMCS Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Nachos & Cheese; Celery & Peanut Butter; Applesauce	2 Sloppy Joe Sandwich; Broccoli w/Ranch; Mandarin Oranges	3 Ham & Cheese Sandwich (Mayo, on the side) Veggie Straws; Peaches	4 Chicken Rice Soup with Crackers; Salad w/ Ranch Apple	5 PBJ w/ Goldfish Crackers; Baby Carrots w/ Ranch; Banana
8 Macaroni & Cheese; Broccoli w/ Ranch; Applesauce	9 Italian Hoagie; (Lettuce, Mayo, on side) Green Beans Mandarin Oranges	10 Chili Soup w/ Crackers; Cucumbers w/ Ranch; Banana	11 Chicken Salad Sandwich; Cucumber w/ Ranch Jell-O	12 Ham/Turkey Lunchable; Baby Carrots w/ Ranch. Apple
15 NO SCHOOL	16 Walking Taco; Lettuce, Sauce, Cheese, Peaches	17 PBJ w/ Goldfish Crackers; Baby Carrots w/ Ranch. Banana	18 Hot Dog on the Roll; Ketchup/Mustard on side); Baked Beans; Applesauce	19 Turkey & Cheese Sandwich (Mayo, Mustard on the side); Veggie Straws. Apples
22 Nachos & Cheese; Celery & Peanut Butter; Applesauce	23 Spaghetti w/ Meat sauce Cucumbers W/ Ranch; Dinner Roll. Apple	24 Ham & Cheese Sandwich (Mayo, on the side); Corn Peaches	25 Slippery Chicken Potpie Salad w/ Ranch Jell-O	26 Pizza Lunchable Carrots w/ Ranch Banana



## Breakfast Menu – February

**Feb. 1st – 12**

### **Choice One**

Cocoa Crispie or  
Cinnamon Toast Crunch Cereal  
Granola Bar  
Fruit (Variety)  
Fruit Juice /Choice of Milk

**Feb. 15th~ 26th**

Raisin Brian or  
Honey Nut Cheerios Cereal  
Granola Bar  
Fruit (Variety)  
Fruit Juice/Choice of Milk

### **Choice 2**

Pop Tart Bites  
Yogurt  
  
Fruit (Variety)  
Fruit Juice /Choice of Milk

Blueberry or Chocolate Chip Muffin  
Yogurt  
  
Fruit (Variety)  
Fruit Juice/Choice of Milk

