



November Menu 2021



Monday

Tuesday

Wednesday

Thursday

Friday

<p>1 Hot Dog on Roll; Ketchup, Mustard on the side; Baked Beans; Applesauce.</p>	<p>2 Sweet Lebanon Bologna Cheese Sandwich; Mayo, Mustard on the side; Veggie Straws; Apple.</p>	<p>3 Meatball Sub with Cheese; Celery Sticks with Ranch; Peaches.</p>	<p>4 PBJ with Goldfish Crackers; Baby Carrots with Ranch; Mix Fruit Cup. Early Dismissal</p>	<p>5 No School</p>
<p>8 Nachos & Cheese; Cucumbers with ranch; Mandarin Oranges.</p>	<p>9 Ham and Cheese Sandwich; Mayo on the side; Corn; Peaches.</p>	<p>10 Macaroni & Cheese; Green Beans; Applesauce.</p>	<p>11 Sloppy Joe Sandwich; Broccoli with Ranch; Apple.</p>	<p>12 Dominos Cheese Pizza; Tossed Salad with Ranch; Banana.</p>
<p>15 Hot Dog on Roll; Ketchup, Mustard on the side; Baked Beans; Applesauce.</p>	<p>16 Sweet Lebanon Bologna Cheese Sandwich; Mayo, Mustard on the side; Veggie Straws; Apple.</p>	<p>17 Roasted Turkey and Gravy Stuffing; Baby Carrots; Peaches.</p>	<p>18 Hamburger on the Roll; Ketchup, Mustard on the side; Cucumbers with Ranch; Mandarin Oranges.</p>	<p>19 Dominos Cheese Pizza; Tossed Salad with Ranch; Banana.</p>
<p>22 Nachos & Cheese; Cucumbers with ranch; Peaches.</p>	<p>23 Meatball Sub with Cheese; Celery Sticks with Ranch; Applesauce.</p>	<p>24 No School</p>	<p>25 No School</p>	<p>26 No School</p>
<p>29 No School</p>	<p>30 PBJ with Goldfish Crackers; Baby Carrots with Ranch; Mix Fruit Cup.</p>			

All Lunches come with a choice of white or chocolate milk.

Ala Carte Milk/ Juice \$0.55 each is not included in the free meal program.



November Breakfast Menu Choices



1st Choice: 1 Cereal Choice Daily:

Cheerios

Rice Chex

Rice Crispy

or

2nd Choice: 1 Large Hard-Boiled Egg and 1 String Cheese

Every Breakfast comes with Fruit & Milk.

Milk Choice: Low fat White or Low-fat Chocolate

Ala Carte Milk/ Juice \$0.55 each is not included in the free meal program.



School Menu Ingredients

Ingredients are added following the Month Menu.

McCleafs Farm Biglerville (Fresh Apples, Peaches, Bartlett Pears, Asian Pears)

Dominos Pizza (Domino's Pizza)

Hot Dog (Kunzler Grill Franks)

Rolls for Dogs and Sandwiches (Stroehmann)

Baked Beans (Bush's Original)

Applesauce (Members Mark & Zee Zee)

Turkey (Oscar Meyer)

Garden Veggie Straws

Nacho Cheese (Members Mark)

Nacho Chips (Ole Tri-Color or Members Mark)

Chili soup (Hanover kidney Beans, Hunts Tomato Paste, Hunts Tomato Sauce, Hunts Diced Tomatoes, Green Peppers, Onions, Chili Powder, Cumin, Beef Broth, Ground Beef & Ground Turkey, Bay Leaves

Chicken noodle soup (Sams Club Organic Bone Broth, Celery, Carrots, Parsley, Chicken White, and Dark Meat, Extra-Wide Egg Noodles

Macaroni & Cheese (Butter, Flour, 2% White Milk, Velveeta Cheese, Whole Grain Elbow Macaroni)

Goldfish Crackers (Pepperidge Farms Whole Grain)

PBJ Uncrustable (Welch's or Smuckers)

Mandarin Oranges (Members Mark)

Peaches (Members Mark, Fresh Peaches McCleaf's Farm)

Ham & Cheese (Members Mark Ham, Glenview Farms White American)

Meatball sub (Tia Maria Marinara Sauce, Members Mark Turkey or Beef Meatballs, Shredded Provolone Members Mark)

Walking Taco (Ground Beef & Turkey, Fritos, Lettuce, Chi-Chi Salsa, Shredded Monterey Jack Cheddar Cheese Members Mark, Low Sodium Taco Seasoning Elpaso)

String Cheese (Frigo)

Hard-Boiled Eggs (Glenview Farms)

Rice Chex Cereal (General Mills)

Cheerios (General Mills)

Rice Krispie Cereal (kelloggs)

Corn & Green Beans (Del Monte)