

2017

May



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	01 Chicken Noodle Soup w/ crackers, Steamed Broccoli Alt: PBJ	02 Macaroni & Cheese, Corn Alt:Wheat Turkey Wrap w/ Lettuce & Tomato	03 Baked Chicken Nuggets w/ Tater Tots, ww Roll Alt: Cheese Ravioli	04 Chicken Quesadilla w/ Tortilla Chips & Salsa Alt: Fruit Yogurt Parfait	05 Pizza - Cheese or Pepperoni	06
07	08 Beef Vegetable Soup w/ Crackers, Garden Salad w/ Ranch Alt: Fruit Yogurt Parfait w/ Granola	09 Steamed Hot Dog on ww Roll, Green Beans Alt: Nutella & Jelly on Graham Cracker	10 Baked Chicken Tenders w/ Baked French Fries, ww Roll Alt: PBJ	11 Beefaroni, Steamed Vegetable Medley Alt: Baked Ziti	12 Pizza - Cheese or Pepperoni	13
14	15 Chicken Rice Soup w/ Crackers, Garden Salad w/Ranch Alt: PBJ	16 Macaroni & Cheese, Corn Alt:Wheat Turkey Wrap w/ Lettuce & Tomato	17 Sloppy Joe on ww Roll Tater Tots, Alt: Broccoli Alfredo	18 Chicken Quesadilla w/ Tortilla chips & Salsa Alt: Fruit Yogurt Parfait w/ Granola	19 Pizza - Cheese or Pepperoni	20
21	22 Chili Soup w/ Grilled Cheese Sandwich Alt: Fruit Yogurt Parfait w/ Granola	23 Turkey Stuffing Gravy, Peas. Alt: Nutella & Jelly on Graham Cracker	24 *Beans w/Hot Dogs, Tater Tots, ww roll. Alt: Cheese Ravioli, ww Roll	25 Meatball Sub on Whole Wheat, Baked French Fries, Green Beans. Alt: Baked Ziti	26 Pizza - Cheese or Pepperoni	27
28	29 Chicken Noodle Soup w/ crackers, Steamed Broccoli Alt: PBJ	30 Macaroni & Cheese, Corn Alt:Wheat Turkey Wrap w/ Lettuce & Tomato	31 Baked Chicken Nuggets w/ Tater Tots, ww Roll Alt: Cheese Ravioli	01	02	03
04	05	<p>* Baked beans w) hot dogs contain pork* Included with daily lunches: 1 fresh vegetable choice, 1 fruit and milk. (several types to choose from) Lunch : \$3.00 .40 Reduced Alacarte Milk .55</p>				

Gettysburg Montessori

May Breakfast Menu

Daily Options

#1 Cheerios Cereal or Rice Chex Cereal

Yogurt or Granola Bar**

Choice of Fruit

Milk

#2 Blueberry or Apple Cinnamon Muffin

Choice of Fruit

Milk

#3 Yogurt (Cherry Vanilla, Strawberry Banana or Raspberry)

Animal Crackers or Granola**

Choice of Fruit

Milk

Daily Breakfast Fruit Choices:

Raisins

Pineapple

Pears

Oranges

Juice

Contains Nuts